

LIST OF ELIGIBLE FOODS FOR FARMERS' MARKET NUTRITION PROGRAMS

FRESH VEGETABLES

Asparagus	Beans, green, long or waxed	Beets
Broccoli	Brussels Sprouts	Cabbage
Carrots	Cauliflower	Celery
Chinese Cabbage	Collard Greens	Corn
Cucumbers	Eggplant	Kale
Kohlrabi	Leeks	Lettuce
Mushrooms	Mustard Greens	Okra
Onions	Parsnips	Peas
Peppers	Potatoes	Pumpkins
Radishes/Horseradishes	Rhubarb	Rutabagas
Spinach	Squash	Sweet potatoes
Swiss Chard	Tender Greens, similar to lettuce	Tomatoes
Turnips/Turnip Greens	Watercress	

FRESH FRUITS

Apples	Apricots	Blackberries
Blueberries	Cantaloupe	Casaba Melons
Cherries	Chokecherries	Currants
Gooseberries	Grapes	Honey Dew Melons
Huckleberries	Nectarines	Peaches
Pears	Plums	Raspberries
Strawberries	Watermelons	

FRESH HERBS

Basil	Chives	Cilantro	Dill
Garlic	Marjoram	Oregano	Parsley
Peppermint	Rosemary	Savory	Sage
Shallots	Spearmint	Tarragon	Thyme

ITEMS THAT CAN NOT BE PURCHASED WITH COUPONS

Any processed produce or non foods items, including:

Baked goods	Cheese	Crafts
Eggs	Honey	Juices
Nuts	Plants (Herb, Vegetable)	

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